

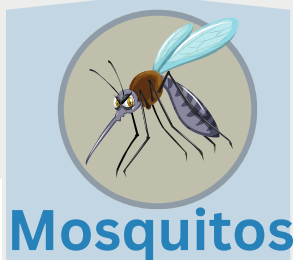


# VECTOR BORNE DISEASES

**VECTORS ARE THREAT TO YOU, AT HOME AND WHEN TRAVELLING**

## VECTORS

ARE SMALL ORGANISMS  
THAT CARRY SERIOUS DISEASES



Mosquitos



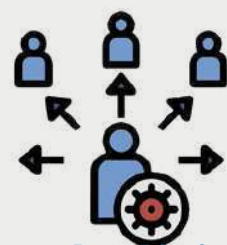
Tick



Sand Flies

**WITH JUST 1 BITE** They Can Transmit Diseases such as:

- ⊙ Malaria
- ⊙ Leishmaniasis
- ⊙ Yellow Fever
- ⊙ Dangué
- ⊙ Lyme Disease
- ⊙ Japanese Encephalitis



**DISEASES SPREAD BY VECTORS  
KILL A MILLION PEOPLE EVERY YEAR**

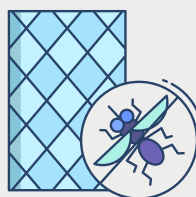


**TAKE SIMPLE MEASURES TO PROTECT YOURSELF AND FAMILY**

**Get Vaccinated**  
against yellow fever  
and Japanese  
encephalitis



**Install  
Net**

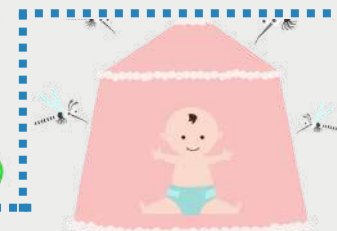


**Window  
Screens**



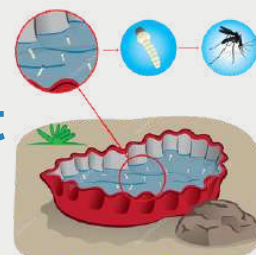
**Wear**  
Light  
color,  
long  
sleeved  
shirts  
and  
trousers

**Use Insect  
repellent**



Sleep under Insecticide  
treated bed net

Get rid  
off  
**Stagnant  
water**  
where  
mosquitoes  
breed



Such as in old  
containers,  
flower pots and  
used tyres



# VECTOR DISEASE PREVENTION IN CAMPS



## Natural Remedies:

Use Neem leaves or herbal oils to repel insects.



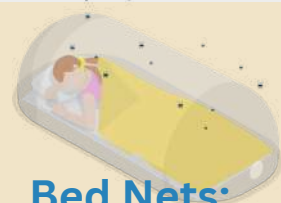
## Use Fans:

Use solar fans or hand fans to deter mosquitoes.



## Hygiene:

Bathe, wash hands, keep living areas clean.



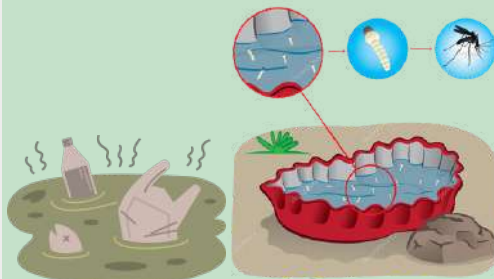
## Bed Nets:

Sleep under treated nets to avoid mosquito bites.



## Protective Clothing:

Wear long clothes to prevent bites, especially post-flood.



## Avoid Stagnant Water:

Steer clear of standing water to stop mosquito breeding.



## Seek Shelter:

Stay indoors during peak mosquito times (morning and evening).



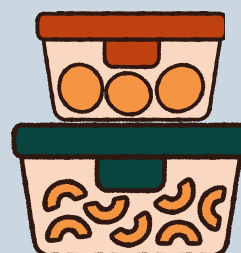
## Smoke Treatment:

Use smoke for Elimination of Breeding Site Elimination in Living Spaces



## Medical Attention:

Get help for symptoms like fever, headache, body aches, or rash.



## Food Safety:

Seal food to prevent disease spread.



## Stay Informed:

Know local diseases and how to prevent them.



## Check for Bites:

Inspect for bites and use antiseptic cream.



## Avoid Vegetation:

Stay away from dense plants to avoid mosquitoes.



## Stay Hydrated:

Drink clean water for health.



## Report Cases:

Promptly report diseases for treatment and to avoid outbreak.



# VECTOR DISEASE PREVENTION GUIDELINES FOR DEPARTMENTS

- Vector Control Programs:** Use indoor spraying and larval reduction to control vectors.
- Community-Based Larval Source Reduction:** Involve locals in finding and eliminating mosquito breeding spots.
- Health Facility Strengthening:** Improve local healthcare centers for disease diagnosis and treatment.
- Mass Vaccination Campaigns:** Organize large-scale vaccination drives for high-risk groups.
- School-Based Immunization :** Vaccinate students against vector-borne disease at schools.
- Mobile Clinics for Vaccination:** Deploy mobile clinics in remote communities for vaccination.
- Community Clean-up Campaigns:** Organize campaigns to remove breeding sites like stagnant water.
- Vector Control:** Organize campaigns to remove breeding sites like stagnant water.
- Free Distribution of Bed Nets:** Distribute insecticide treated bed nets to vulnerable populations.
- Mapping and Risk Assessment:** Identify high-risk areas and factors contributing to disease spread.
- Public Awareness Campaigns:** Educate the public about vector-borne diseases manage disease spread.
- Cross-Border Collaboration:** Coordinate efforts with neighboring communities to and prevention.
- Distribution of Mosquito Coils & Repellents:** Provide coils and repellents.
- Subsidized Pricing for Bed Nets:** Offer discounted bed nets for accessibility.